

Comparison of In-Hospital Mortality From Acute Myocardial Infarction in HIV Sero-Positive Versus Sero-Negative Individuals

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Few studies have explored hospitalization outcome differences between patients who are seropositive for human immunodeficiency virus (HIV) compared to HIV-seronegative patients with acute myocardial infarctions (AMIs). The aim of this study was to explore in-hospital AMI mortality risk in seropositive and seronegative patients. A secondary analysis of the Nationwide Inpatient Sample from 1997 to 2006 was conducted. This sample allows the approximation of all United States hospitalizations. All AMI encounters with and without co-occurring HIV were identified using appropriate International Classification of Diseases and procedure codes. Descriptive and Cox proportional-hazards analyses were then conducted to estimate mortality differences between seropositive and seronegative patients while adjusting for demographic, clinical, hospital, and care factors. The results demonstrated higher AMI hospitalization mortality hazard in seropositive compared to seronegative patients after adjustment for age, gender, ethnicity, medical co-morbidities, hospital type, and number of in-hospital procedures (HR 1.38, 95% confidence interval 1.01 to 1.87, $p = 0.04$). Stratified analysis demonstrated greater although not statistically significant mortality hazard for non-ST-segment elevation myocardial infarction and ST-segment elevation myocardial infarction in seropositive compared to seronegative patients. Typical AMI care procedures occurred at significantly lower rates in seropositive versus seronegative patients, including thrombolytic and anticoagulant agents (18% vs 22%), coronary arteriography (48% vs 63%), left cardiac catheterization (52% vs 66%), and coronary artery bypass graft (6% vs 14%). In conclusion, additional mortality burden and lower procedure rates occur for HIV-seropositive patients receiving AMI care. Health care providers should be alert to the increased mortality burden when treating seropositive patients with AMI. © 2012 Elsevier Inc. All rights reserved. (Am J Cardiol 2012;xx:xxx)

Cardiovascular disease remains the leading cause of mortality in the United States despite advancements in medicine, and acute myocardial infarctions (AMIs) contribute significantly to overall cardiovascular disease mortality.^{1,2} Human immunodeficiency virus (HIV)-associated AMI treatment outcomes are important to examine because of the increased risk for AMI in HIV-positive patients related to unique pathophysiologic associations and, paradoxically, greater life expectancy in HIV-positive patients.^{3,4} Some of these pathophysiologic mechanisms include HIV viremia, associated with coronary vessel endothelial irritation, platelet dysfunction, activation of proinflammatory cytokines, and thrombosis from reduced coronary blood flow and ischemia.^{5,6} No study has evaluated the additional burden associated with co-morbid HIV infection on AMI hospitaliza-

tion outcomes. The objective of this study was to explore in-hospital AMI mortality risk in HIV-positive patients compared to HIV-negative patients.

Methods

Data were obtained from the Nationwide Inpatient Sample (NIS), developed as part of the Healthcare Cost and Utilization Project, a federal-state-industry partnership sponsored by the Agency for Healthcare Research and Quality. The NIS is designed to approximate a stratified 20% sample of all nonfederal, short-term, general, and specialty hospitals serving adults in the United States. The sampling strategy selects hospitals nationwide from the state inpatient database according to defined strata on the basis of ownership, bed size, teaching status, urban or rural location, and region. All discharges from sampled hospitals for the calendar year are then selected for inclusion into the NIS. To allow extrapolation for national estimates, hospital and discharge weights are provided. Detailed information on the design of the NIS is available at <http://www.hcup-us.ahrq.gov>.⁷ From 1997 to 2006, the NIS captured discharge-level information on primary and secondary diagnoses and procedures, discharge vital status, and demographics on discharges by year. Data elements that could directly or indirectly identify patients

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Table 1
Frequency and distribution of all study variables (n = 1,428,146*)

Variable	Value
Age (years)*	
18–34	2%
35–44	12%
45–54	34%
55–65	53%
Mean \pm SE	53.94 \pm 0.02
Race/ethnicity	
White	77%
African American	11%
Hispanic	7%
Other [†]	5%
Gender	
Male	72%
Female	28%
Primary payer	
Medicare	15%
Medicaid	10%
Private (including health maintenance organizations)	61%
Other [‡]	14%
Total in-hospital charge	
<\$10,000	11%
\$10,000–\$49,999	65%
\geq \$50,000	24%
Length of hospital stay (days), mean \pm SE	5 \pm 0.03
CCI score	
<1	49%
1	28%
2	13%
\geq 3	10%
Mean \pm SE	0.95 \pm 0.01
Co-morbid medical conditions	
Cancer	1%
Cerebrovascular disease	3%
Chronic pulmonary disease	16%
Congestive heart failure	20%
Connective tissue disease	1%
Dementia	0.1%
Diabetes with complications	4%
Diabetes without complications	24%
Hypertension	51%
Metastatic carcinoma	0.4%
Mild liver disease	1%
Atrial fibrillation or flutter	7%
Moderate to severe liver disease	0.1%
Paraplegia/hemiplegia	0.4%
Peptic ulcer disease	1%
Peripheral vascular disease	5%
Renal disease	5%
Valvular heart disease	7%
Other cardiovascular disease risk factors	
Dyslipidemia (International Classification of Diseases, Ninth Revision)	42%
Smoker	30%
Primary in-hospital procedures	
Left-sided cardiac catheterization	66%
Coronary arteriography	63%
Angiocardiology of left-sided cardiac structures	56%
Single-vessel percutaneous transluminal coronary angioplasty or coronary atherectomy with or without mention of thrombolytic agent	35%
Insertion of non-drug-eluting coronary artery stent(s)	28%

Table 1
(continued)

Variable	Value
Injection or infusion of platelet inhibitor	18%
Insertion of drug-eluting coronary artery stent(s)	14%
Extracorporeal circulation auxiliary to open-heart surgery	11%
Single internal mammary coronary artery bypass	11%
Diagnostic ultrasound of heart (echocardiography, transesophageal echocardiography)	6%
Coronary artery bypass grafting	14%
Number of procedures	
0 or 1	17%
2 or 3	20%
4 or 5	26%
\geq 6	38%
Mean \pm SE	4.36 \pm 0.04
Thrombolytic, antiplatelet, and anticoagulant agents [§]	22%
Mortality status	
Died in-hospital	2%
HIV status	
HIV seropositive	0.2%

* Sample includes participants in the NIS data set with AMI encounters from 1997 to 2006, aged 18 to 65 years, with >1-day hospital stays recorded for the encounters.

[†] Asian/Pacific Islander, Native American, and unspecified.

[‡] No pay, self-pay, and unspecified.

[§] Does not include aspirin.

were excluded; we thus considered all discharge encounters to be independent. The unit of analysis was the discharge or encounter rather than the patient. A unique hospital identifier allows linkage of discharge data to an NIS data set with hospital characteristics.

Our sample included hospitalization events for AMIs from 1997 to 2006 in patients aged 18 to 65 years with >1-day hospital stays recorded for the encounters. To analyze AMI hospitalizations, we identified all discharges for which an International Classification of Diseases, Ninth Revision, Clinical Modification code of 410.xx (AMI) was listed as the primary diagnosis. This approach has been used in other studies⁸ and was taken to specifically focus on encounters that presented with acute myocardial ischemia and not those encounters with AMIs secondary to surgery, hypotension, or other events after admission. Total numbers of myocardial infarctions were obtained by summation across all 410.xx International Classification of Diseases, Ninth Revision, Clinical Modification, codes. For encounters with >1 reported code of 410.xx, only the first reported code was used. Similarly, procedure codes for the 10 most common procedures were also identified using the reported International Classification of Diseases, Ninth Revision, Clinical Modification, code. ST-segment elevation AMI (STEMI) and non-ST-segment elevation AMI (NSTEMI) were also identified and coded using appropriate International Classification of Diseases coding. We were careful to account for code changes that occurred in 2005 while extracting the data (single vessel percutaneous transluminal coronary angioplasty or coronary atherectomy with and without a thrombolytic agent; 36.01 and 36.02 were newly added procedures at that time). HIV co-morbidity was identified using the NIS clinical classification software. In-hos-

Table 2

Bivariate analysis and distribution of study variables by human immunodeficiency virus serostatus

Variable	HIV Seronegative (n = 2,501,904)	HIV Seropositive (n = 5,984)	p Value [§]
Age (years)*			<0.001
18–34	2%	6%	
35–44	12%	28%	
45–54	34%	44%	
55–65	53%	22%	
Mean \pm SE	54 \pm 0.02	48 \pm 0.27	
Race/ethnicity			<0.001
White	77%	50%	
African American	11%	35%	
Hispanic	7%	10%	
Other [†]	5%	5%	
Gender			<0.001
Male	72%	85%	
Female	28%	15%	
Primary payer			<0.001
Medicare	15%	39%	
Medicaid	10%	23%	
Private (including health maintenance organizations)	61%	28%	
Other [‡]	14%	10%	
Total in-hospital charge			0.03
<\$10,000	11%	11%	
\$10,000–\$49,999	65%	60%	
\geq \$50,000	24%	29%	
Length of hospital stay (days), mean \pm SE	5 \pm 0.03	6 \pm 0.02	0.005
CCI score			<0.001
<1	49%	43%	
1	28%	26%	
2	13%	16%	
\geq 3	10%	15%	
Mean \pm SE	0.94 \pm 0.01	1.14 \pm 0.05	0.007
Co-morbid medical conditions			
Cancer	1%	3%	<0.001
Cerebrovascular disease	3%	3%	NS
Chronic pulmonary disease	16%	14%	NS
Congestive heart failure	20%	26%	<0.001
Connective tissue disease	1%	0.5%	0.02
Dementia	0.1%	1%	<0.001
Diabetes with complications	4%	3%	0.01
Diabetes without complications	24%	17%	<0.001
Hypertension	51%	46%	<0.001
Metastatic carcinoma	7%	3%	<0.001
Mild liver disease	0.4%	0.2%	NS
Atrial fibrillation or flutter	1%	8%	<0.001
Moderate to severe liver disease	0.1%	0.3%	0.05
Paraplegia/hemiplegia	0.4%	0.6%	NS
Peptic ulcer disease	1%	0.6%	NS
Peripheral vascular disease	5%	3%	0.01
Renal disease	5%	13%	<0.001
Valvular heart disease	7%	7%	NS
Other cardiovascular disease risk factors			<0.0001
Dyslipidemia (International Classification of Diseases, Ninth Revision)	42%	25%	
Smoker	30%	25%	
Primary in-hospital procedures			0.001
Left-sided cardiac catheterization	66%	52%	<0.001
Coronary arteriography	63%	48%	<0.001
Angiocardiology of left-sided cardiac structures	56%	44%	<0.001
Single-vessel percutaneous transluminal coronary angioplasty or coronary atherectomy with or without mention of thrombolytic agent	35%	24%	<0.001
Insertion of non-drug-eluting coronary artery stent(s)	28%	20%	<0.001
Injection or infusion of platelet inhibitor	18%	14%	0.003
Insertion of drug-eluting coronary artery stent(s)	14%	13%	NS
Extracorporeal circulation auxiliary to open-heart surgery	11%	4%	<0.001

Table 2
(continued)

Variable	HIV Seronegative (n = 2,501,904)	HIV Seropositive (n = 5,984)	p Value [§]
Single internal mammary coronary artery bypass	11%	5%	<0.001
Diagnostic ultrasound of heart (echocardiography, transesophageal echocardiography)	6%	7%	NS
Coronary artery bypass grafting (includes 36.10–36.19)	14%	6%	<0.001
Number of procedures			0.009
0 or 1	17%	29%	
2 or 3	20%	19%	
4 or 5	26%	23%	
≥6	38%	29%	
Mean ± SE	4.36 ± 0.04	3.71 ± 0.11	
Thrombolytic, antiplatelet, and anticoagulant agents [†]	22%	18%	0.001
Hospital type			<0.001
Rural	9%	4%	
Urban nonteaching	41%	34%	
Urban teaching	50%	62%	
Mortality status			
Died in-hospital	2%	4%	<0.001
AMI type			<0.001
STEMI	56%	50%	
NSTEMI	44%	50%	

* Sample includes participants in the NIS data set with AMI encounters from 1997 to 2006, aged 18 to 65 years, with >1-day hospital stays recorded for the encounters.

[†] Asian/Pacific Islander, Native American, and unspecified.

[‡] No pay, self-pay, and unspecified.

[§] Significance based on chi-square, Fisher's exact, or analysis-of-variance test.

^{||} Does not include aspirin.

pital mortality was defined as “died” during the hospitalization encounter in the NIS data set.

We examined the association between in-hospital AMI mortality in HIV-seropositive versus HIV-seronegative AMI encounters. First, the distribution of all study variables was examined for normality. These variables included the primary outcome (AMI mortality) and the primary predictor (HIV serostatus).

Other independent predictors and covariates used for the analysis included (1) sociodemographic characteristics (age, race [white, black, Hispanic, other], primary payer [Medicare, Medicaid, private, other]), (2) dyslipidemia, (3) hospital type, and (4) clinical factors, including medical co-morbidities and procedures performed. Co-morbid medical conditions are defined by the NIS protocol as documented International Classification of Diseases, Ninth Revision, diagnoses and documentation of such conditions.

The number and severity of co-morbid conditions were assessed using Charlson's co-morbidity index (CCI).⁹ We used the modified version of the CCI on the basis of recent work by Quan et al.¹⁰ The CCI is a numerically weighted score composed of 17 co-morbid conditions: congestive heart failure, chronic pulmonary disease, cerebrovascular disease, dementia, diabetes without complications, liver disease, peptic ulcer disease, peripheral vascular disease, rheumatologic disease, hemiplegia or paraplegia, diabetes with complication, malignancy, renal disease, metastatic solid tumor, and HIV/acquired immune deficiency syndrome (excluded here and used as an independent predictor). For the purpose of the multivariate Cox regression analysis, the CCI score was used as a numerical categorical variable. The CCI

has been used in HIV and cardiovascular studies as a validated index for acute care outcomes.^{7,8}

We initially conducted tests to rule out collinearity among the predictors and covariates and the final mortality comparison was adjusted for demographic factors, medical co-morbidities, dyslipidemia, hospital type, and in-hospital procedures. Appropriate NIS sampling and design parameters were used during this analysis. All data analyses were conducted using PASW version 18.0 (with the complex samples module; SAS Institute Inc., Cary, North Carolina). Statistical hypotheses were tested using $p < 0.05$ as the level of statistical significance. This study was approved by the Arrowhead Regional Medical Center's institutional review board.

Results

The frequency and distribution of all study variables are listed in Table 1. The results demonstrate that most in-hospital encounters for AMI were in patients aged ≥55 years who were white, male, and privately insured. Most AMI encounters occurred in patients with CCI scores ≤2, and the mean length of hospital stay was 5.29 days (SE 0.03). The most common medical co-morbidities for patients with AMI were hypertension (51.0%), diabetes without complications (23.6%), congestive heart failure (19.7%), and chronic pulmonary disease (15.7%). The most common in-hospital AMI-associated procedures reported were left-sided cardiac catheterization (66.0%), coronary arteriography (62.5%), and angiography of left-sided cardiac structures (56.2%). A total of 13.8% had coronary artery bypass grafts,

Table 3

Multivariate Cox proportional-hazards models: acute myocardial infarction mortality versus human immunodeficiency virus serostatus (adjusted for age, race, gender, medical co-morbidities, hospital type, dyslipidemia, and number of procedures) (n = 1,829,786*)

Variable	Hazard Ratio	95% Confidence Interval	p Value
Age (years)			
18–34	0.68	0.55–0.85	<0.001
35–44	0.66	0.60–0.73	<0.001
45–54	0.79	0.75–0.83	<0.001
55–65 [†]	1.00	NA	
Race/ethnicity			
White [†]	1.00	NA	
African American	0.96	0.87–1.05	0.50
Hispanic	0.92	0.85–1.00	0.06
Other	0.98	0.91–1.05	0.37
Gender			
Female [†]	1.00	NA	
Male	0.93	0.89–0.97	0.001
CCI score			
<1	0.40	0.37–0.44	<0.001
1	0.69	0.65–0.73	<0.001
2	0.87	0.82–0.92	<0.001
≥3 [†]	1.00	NA	
Dyslipidemia (International Classification of Diseases, Ninth Revision)			
No	0.35	0.33–0.37	<0.001
Yes [†]	1.00	NA	
Hospital type			
Rural	1.21	1.10–1.33	<0.001
Urban nonteaching	1.14	1.08–1.22	<0.001
Urban teaching [†]	1.00	NA	
Number of procedures			
0 or 1	1.20	1.10–1.31	<0.001
2 or 3	1.71	1.60–1.84	<0.001
4 or 5	1.05	0.98–1.13	NS
≥6 [†]	1.00	NA	
HIV status			
HIV seronegative [†]	1.00	NA	
HIV seropositive	1.38	1.01–1.87	0.04

* Excludes missing cases for variables specified in regression model.

[†] Reference category in multivariate model.

and 22.2% received thrombolytic agents, antiplatelet agents, or anticoagulant agents during the hospitalization event. Dyslipidemia and tobacco use occurred in 41.6% and 29.6% of the sample, respectively. Most AMIs were treated in urban teaching hospital settings (50.2%). There were 5,984 AMI encounters (population adjusted) in patients with co-occurring HIV. Overall AMI encounter mortality was 2.4% in the sample. Finally, STEMI was more common in the sample than NSTEMI (56.2% vs 43.8%).

The associations between study variables and HIV serostatus are listed in Table 2. The results demonstrate that compared with the seronegative patients, most of the seropositive patients were younger (age <54 years), male (85%), and insured primarily by Medicare and Medicaid (63%). Total costs were slightly higher in the seropositive sample. The mean length of hospital stay was higher in HIV-positive encounters (6 vs 5 days). The co-morbidity

burden was also higher in HIV-positive encounters (CCI score 1.14 vs 0.94). The prevalence of the following co-morbidities was higher in seropositive encounters: renal disease (13% vs 5%), mild liver disease, (8% vs 1%), and congestive heart failure (26% vs 19%). Dyslipidemia and tobacco use were significantly lower in seropositive patients. Among seropositive encounters, statistically significant lower procedure rates were also recorded for the most common in-hospital AMI procedures: left-sided cardiac catheterization (52% vs 66%), coronary arteriography (48% vs 63%), and angiography of left-sided cardiac structures (44% vs 56%). Coronary artery bypass grafting was performed at significantly lower rates in seropositive patients (6% vs 14%). Thrombolytic, antiplatelet, and anticoagulant use was also significantly lower in seropositive patients (18% vs 22%). STEMI was more common than NSTEMI in seropositive and seronegative individuals. Overall, in-hospital AMI encounter mortality was higher among seropositive compared to seronegative encounters (4% vs 2%).

After adjustments were made for age, race, gender, medical co-morbidities, dyslipidemia, hospital type, and number of in-hospital procedures, the results demonstrated a higher mortality hazard for AMI for seropositive compared to seronegative patients (hazard ratio 1.38, 95% confidence interval 1.01 to 1.87, $p = 0.04$; Table 3).

Mortality was less in younger age groups, patients without dyslipidemia, and men, whereas mortality was higher in rural and urban nonteaching hospitals and patients with greater medical co-morbidity burden and higher in patients with ≤3 procedures recorded during the hospitalization event. Stratified analysis to explore mortality differences for STEMI and NSTEMI AMI subtypes demonstrated higher but not statistically significant greater mortality in seropositive patients compared to seronegative patients.

Discussion

Our study demonstrates that the relative in-hospital mortality risk from an AMI event was significantly higher for seropositive compared to seronegative patients. This risk remained significantly higher even after accounting for the influence of demographics, medical co-morbidities, hospital type, dyslipidemia, and number of in-hospital procedures. Although it is difficult to determine the causes for the observed disproportionate mortality outcome, an underlying increased co-morbidity burden, measured using the CCI,^{9,10} higher in seropositive compared to seronegative patients, may explain some of the differences. Interestingly, with the exception of congestive heart failure and renal disease, which were significantly higher in seropositive patients, most of the common cardiometabolic risk factors were lower in seropositive patients.

Although the incidence of cardiometabolic risk and diseases has increased in seropositive patients, because of increasing life expectancy,¹¹ some evidence suggests that variant and earlier occurring cardiovascular diseases may occur.^{12–14} This may in part be attributable to antiretroviral agents^{15–17} or unique, direct pathologic effects of HIV viremia on cardiac vasculature, including arterial endothelial inflammation, intimal fibrosis with luminal narrowing of coronary vessels, endothelial irritation, platelet dysfunction,

activation of proinflammatory cytokines, thrombosis from reduced coronary blood flow, and ischemia.^{5,6,18} Although an increased risk for small-vessel vasculitis in HIV-infected patients has not been empirically established,¹⁹ coronary vessel disease may occur commonly in HIV-seropositive patients and increase the risk for AMI when other traditional risk factors are accounted for. Several mechanisms for coronary atherosclerosis have been implicated, including abnormalities in lipid-related processes²⁰ and the suggestion that chronic inflammation contributes significantly through the effect of increased proinflammatory macrophages on noncalcified coronary plaque.²¹

In our sample, however, dyslipidemia occurred with less frequency in seropositive patients but was associated with increased overall mortality risk. The lower occurrence of dyslipidemia and smoking in our results may be explained by the limitation associated with the possible underrecording in seropositive patients in the NIS database, especially because studies report that in seropositive patients, smoking is more frequent,²² and those treated with antiretroviral agents have an increased risk for dyslipidemia.²³ Likewise, the role of lifestyle risk factors such as co-occurring substance use, including alcohol, was not incorporated into our analysis and may also explain some of the observed variation in mortality outcomes. Several studies have demonstrated a higher prevalence of substance use in seropositive compared to seronegative patients.²⁴

The study results document lower post-AMI procedure rates for seropositive patients. In our study model that accounted for the number of hospitalization associated procedures, AMI mortality disparities in seropositive patients decreased slightly but persisted, suggesting that although procedure rates may be an important contributor, they do not completely explain the mortality differential observed. In fact, most of the common AMI in-hospital procedures occurred with significantly lower frequency in seropositive AMI hospitalizations. Additionally, thrombolytic agents, antiplatelet agents, and anticoagulant agents were used much less frequently in seropositive patients. Similar disparities in care procedures have been associated with poorer AMI outcomes in women, reported to receive less aggressive therapy, including percutaneous coronary intervention, compared to men.²⁵ This is the first study we know of to document disparities in treatment processes for AMI in seropositive patients, and although we cannot explicitly ascribe our observations to discrimination in the process of care, further studies may be required to explore the underlying explanatory factors associated with this observation. It is important to note that the use of aspirin was not considered in this analysis, because the reliability of its recording may be subject to significant limitations despite aspirin's known impact on absolute mortality risk reduction for AMI.

It is not surprising that the length of stay was significantly higher in HIV-seropositive patients, as seen in other studies, possibly because of co-morbidities and nosocomial complications.^{26,27}

Low socioeconomic status has been reported to reduce relative AMI survival in the general population,²⁸ and more of the seropositive patients in our sample were on public insurance payer systems. Observations about mortality disparities associated with age are consistent with previous

evidence. Finally, although differential AMI mortality occurred by hospital type, with rural and nonteaching settings having higher mortality compared to urban teaching settings, hospital type had little impact on overall AMI mortality disparity.

This study was subject to important limitations, including the use of administrative data that extrapolate AMI occurrence by using International Classification of Diseases, Ninth Revision, coding for incident disease encounters. Coding errors may overreport or underreport AMI incidence. Observations of AMI incidence without documented procedures recorded may indicate false AMI diagnoses in the sample, because it is rare that AMI encounters will exclude diagnostic or therapeutic risk assessment. This observed phenomenon may also indicate secondary referral of patients to centers with more appropriate risk exploration and stratification capacity. It is also important to note that HIV severity could not be appropriately estimated, because many of the conditions that define acquired immune deficiency syndrome and degree of HIV control could not be appropriately identified and classified.

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