#### Metformin reduces the risk of Long COVID or Death over 6 months in an Emulated Target Trial of Primarily Omicron-infected Adults without Diabetes or Prediabetes

New-User, Active-Comparator Analysis using the National COVID Cohort Collaborative (N3C) Database

ID Week Los Angeles, CA October 19, 2024

Carolyn Bramante, MD, MPH Assistant Professor, General Internal Medicine

## Funding, Disclosures

- Intramural/Extramural research program of the National Center for Advancing Translational Sciences (NCATS), NIH
  - N3C Public Health Study Initiative, PHASTR Project: [RP-C06B65]
- Dr. Bramante funded by NIDDK, K23DK124654
- No financial disclosures
- Will be discussing off-label use of metformin, ivermectin, montelukast, fluticasone, and fluvoxamine

## Overview

- Scientific rationale for studying metformin
- Methods
  - Trial Emulation Design
  - Target Trials
- Results
- Context within other literature
  - Other sources of data
  - COVID-OUT data

## Why metformin? COVID Observational, in silico, in vitro data

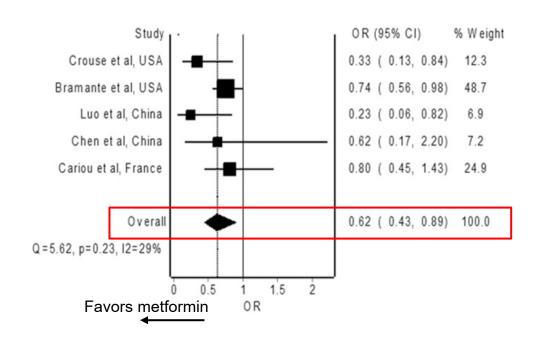
Mechanistic data

Chen et al. *Diabetes Care*, 2020 Retrospective cohort adults with Type 2 DM

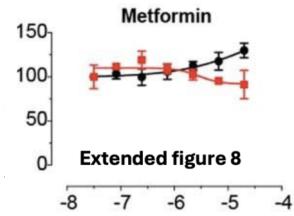
Metformin users had lower IL-6: 4.07 vs 11.1, p=0.02

Observational data
(as of summer 2020,
there are more now)

Journal of Virology



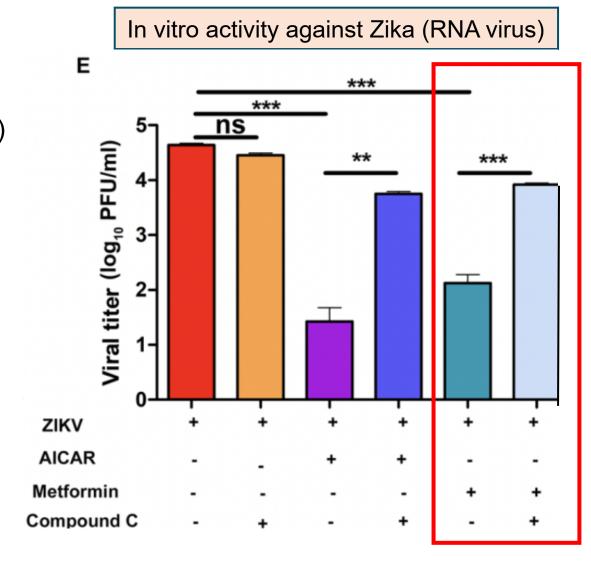
• In vitro data. The red line is viral growth, the black line is cell viability



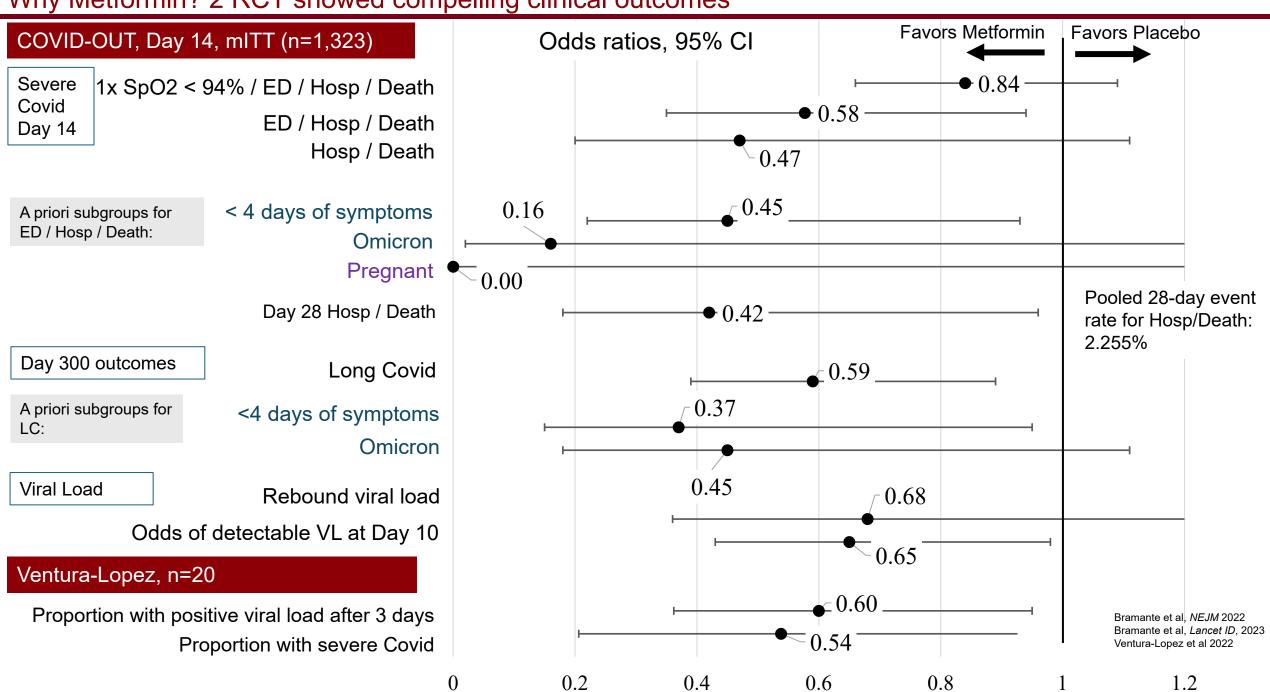
Metformin is safe, well tolerated, widely available, inexpensive

## Why metformin? Pre-COVID anti-viral & anti-inflammatory

- 1950s, studied in influenza
  - incidence of H3N2 influenza (5.4 vs 24%, p<0.001)
  - Other biguanides had safety issues
- 1990s FDA approved for diabetes
- Anti-inflammatory actions
  - IL-6, TNF-alpha, protects endothelium
  - mTOR respiratory complex 1
- 2010 anti-viral studies
  - Hep C, Zika
- RCT's: TB, dengue



#### Why Metformin? 2 RCT showed compelling clinical outcomes



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- Trial Emulation Methods
  - Data Source
  - Trial Emulation Design
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## **Data Source**

## National COVID Cohort Collaborative

 Integrated and harmonized de-identified EHR data.

The N3C is a partnership among:

- NCATS-supported Clinical and Translational Science Awards (CTSA) Program institutions
- National Center for Data to Health
- National Institute of General Medical Sciences—funded Institutional Development Award (IDeA) Program Networks for Clinical and Translational Research (IDeA-CTR) networks

overall stewardship by NCATS.

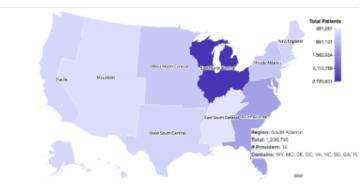
The N3C Data Enclave represents one of the largest secure collections of harmonized clinical health data in the United States.

- **Sites:** 84
- Persons: 22.8 million
- **COVID+ Cases:** 8,914,402
- # of Rows: 33.9 billion
- Clinical Observations: 3.3 billion

- Lab Results: 16.3 billion
- Medication Records: 5.3 billion
- Procedures: 1.2 billion
- Wisits: 2.0 billion







Regional Distribution of COVID+ Patients

## **Target Trial Emulation**

New-User, Active-Comparator Design:

New Prescription of Metformin

versus

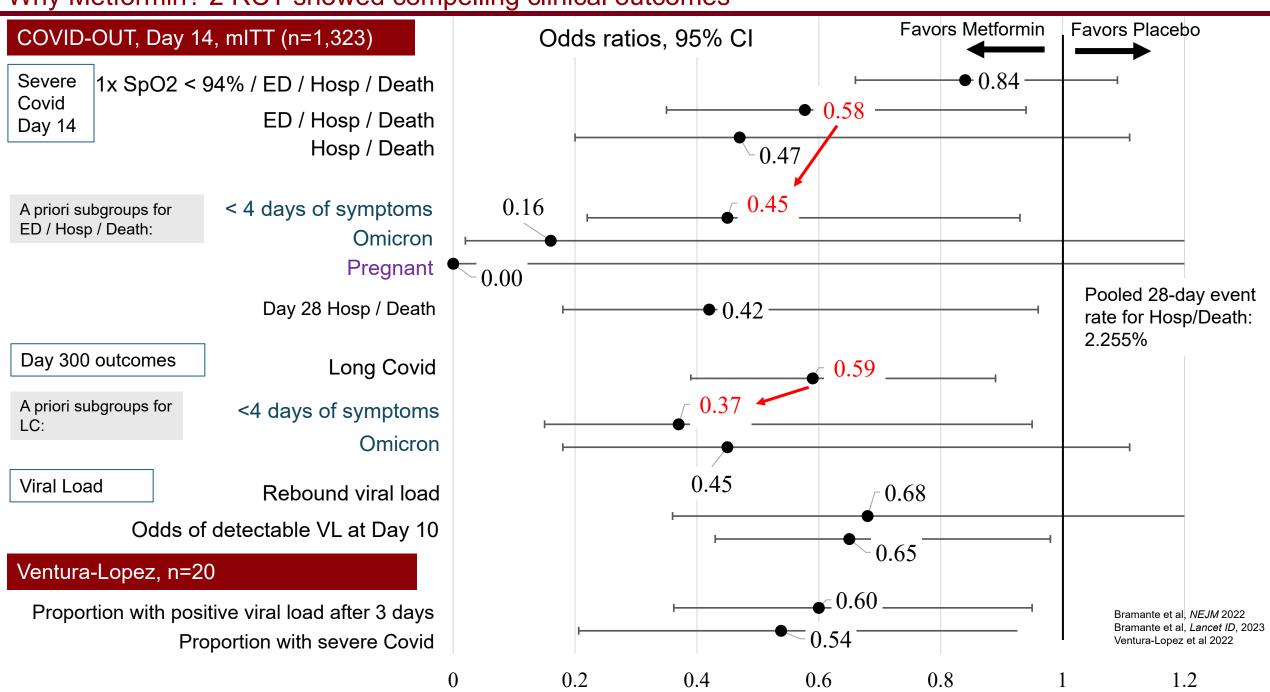
- New Prescription of an Active Comparator (aka Control)
  - fluvoxamine; fluticasone; ivermectin, or montelukast

At the time of infection (Days 0 to 6 relative to infection)

The comparator medications were chosen to mimic placebo Having a comparator is important for having equalizing unmeasured confounders:

- -- the placebo effect
- -- engagement in healthcare

#### Why Metformin? 2 RCT showed compelling clinical outcomes



## Target Trials

**ACTIV-6** 

Documented SARS-CoV-2 within 10 days of enrollment Enrolled within 7 days of

No current metformin use Does not exclude prior

symptoms

infection

Age 30 – 85

#### Eligibility Criteria

COVID-OUT	Target Trial Emulation
<ul> <li>Documented SARS-CoV-2 within 3 days of enrollment</li> <li>Symptoms not required, but if present, &lt;7 days</li> <li>Age 30-85</li> </ul>	<ul> <li>Prescription within 6 days (primary analysis), secondary analyses with prescriptions within 1 day &amp; 14 days</li> <li>Age &gt; 18 years</li> </ul>
<ul> <li>No current metformin use</li> <li>BMI &gt;=25kg/m²</li> </ul>	<ul> <li>No metformin or control prescription &lt;= 12 months</li> <li>No minimum body mass index</li> </ul>
Excluded prior infection	First documented SARS-CoV-2 infection

## Target Trials

Trials	ACTIV-6	COVID-OUT	Target Trial Emulation
Eligibility Criteria	<ul> <li>Documented SARS-CoV-2         within 10 days of enrollment</li> <li>Enrolled within 7 days of         symptoms</li> <li>Age 30 – 85</li> <li>No current metformin use</li> <li>Does not exclude prior         infection</li> </ul>	<ul> <li>Documented SARS-CoV-2 within 3 days of enrollment</li> <li>Symptoms not required, but if present, &lt;7 days</li> <li>Age 30-85</li> <li>No current metformin use</li> <li>BMI &gt;=25kg/m²</li> <li>Excluded prior infection</li> </ul>	<ul> <li>Documented SARS-CoV-2</li> <li>Prescription within 6 days (primary analysis), secondary analyses with prescriptions within 1 day &amp; 14 days</li> <li>Age &gt; 18 years</li> <li>No metformin or control prescription &lt;= 12 months</li> <li>No minimum body mass index</li> <li>First documented SARS-CoV-2 infection</li> </ul>
Intervention	Metformin immediate release or exact-matching placebo tablets	Metformin immediate release or exact-matching placebo tablets	Prescription: metformin or any control:     fluvoxamine, ivermectin, fluticasone,     montelukast
Treatment assignment	Randomization	Randomization	Prescription for metformin or control; propensity scores to balance measured covariates across treatment cohorts

## Target Trials

Trials	ACTIV-6	COVID-OUT	Target Trial Emulation
Eligibility Criteria	<ul> <li>Documented SARS-CoV-2         within 10 days of enrollment</li> <li>Enrolled within 7 days of         symptoms</li> <li>Age 30 – 85</li> <li>No current metformin use</li> <li>Does not exclude prior         infection</li> </ul>	<ul> <li>Documented SARS-CoV-2 within 3 days of enrollment</li> <li>Symptoms not required, but if present, &lt;7 days</li> <li>Age 30-85</li> <li>No current metformin use</li> <li>BMI &gt;=25kg/m²</li> <li>Excluded prior infection</li> </ul>	<ul> <li>Documented SARS-CoV-2</li> <li>Prescription within 6 days (primary analysis), secondary analyses with prescriptions within 1 day &amp; 14 days</li> <li>Age &gt; 18 years</li> <li>No metformin or control prescription &lt;= 12 months</li> <li>No minimum body mass index</li> <li>First documented SARS-CoV-2 infection</li> </ul>
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Treatment assignment	Randomization	Randomization	<ul> <li>Prescription for metformin or control; propensity scores to balance measured covariates across treatment cohorts</li> </ul>
Considerations for medication acquisition	<ul> <li>Delivery of medication takes</li> <li>3 days on average</li> </ul>	<ul><li>2- • Delivery of medication takes 1 day on average</li></ul>	Obtaining a medication prescription then filling it at a pharmacy likely takes 0 to 3 days on average
Post - randomization exclusions	<ul> <li>Hospitalized at the time of medication delivery</li> <li>Delivery failure</li> <li>Death before day 1</li> </ul>	<ul> <li>Hospitalized at the time of medication delivery</li> <li>Delivery failure</li> <li>Death before day 1</li> </ul>	<ul> <li>Hospitalized between -3 days to +1 days of infection because this would preclude the ability to fill a prescription</li> <li>Death on or before day 1</li> </ul>
Day 1	First day of study drug	<ul> <li>First day of study drug</li> </ul>	<ul> <li>Day prescription placed</li> </ul>
Follow-up	• Day 1 to 180	<ul> <li>Day 1 to 300</li> </ul>	• Day 1 to 180

## Analysis plan

Outcome: Long Covid or Death

- U09.9 or
- Computable phenotype based on symptoms and conditions

Follow-up: starting day 1

Intention to Treat

Entropy balancing of covariates

Estimation of average treatment effect with a weighted log linear model.

## **Attrition Table** Total with + SARS-CoV-2 (n = 21,905,736) Has $\geq$ 1 office visit in prior 0 to 6 months (n = 3,612,475) Has $\geq$ 1 office visit in prior 6 to 12 months (n = 2,442,761) Exclude anyone with metformin prescription in prior 12 months (n = 129,513) Exclude anyone with comparator prescription in prior 12 months (n = 195,788) Exclude anyone hospitalized within -3 to 1 days of infection (n = 150,156) Exclude contraindications (CKD stage 4 or 5 (n = 19,597)) Exclude anyone with indications for chronic metformin use (n = 1,929,431) Exclude patients from sites at which the U09.9 diagnosis code for LC does not appear in the medical record for any patients in the N3C; and persons with LC or death before index date (n = 2.756) Included (15,520) Metformin prescribed within 0 to 14 of infection (n = 438) Comparator within 0 to 14 days of infection (n = 12,368)

Comparator within 0 to 6 days of infection (n = 9,412)

Metformin prescribed within 0 to 6 days of infection (n = 248)

## Overview

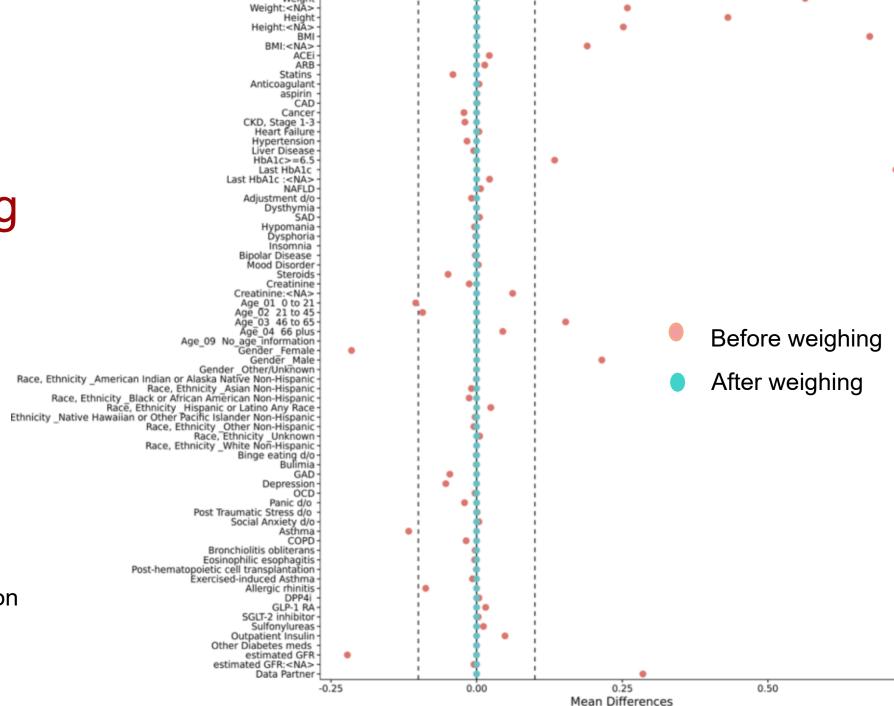
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## **Baseline Characteristics**

		Before Weighting			After Weighting			
		Metformin (n=248)	Control (n=9,412)	SMD*	Metformin (n=248)	Control (n=248.1)	SMD	
	Age, mean (SD)	53.31(16.48)	45.28 (20.66)	0.430	53.31(16.45)	52.74 (17.25)	0.034	
	Female	113 (0.46)	6,310 (0.67)	0.444	113 (0.46)	113.1 (0.46)	0.000	
American Indian or Alask	ka Native	< 10	42 (0.00)	0.007	< 10	< 10	0.000	
Asian		< 10	236 (0.03)	0.063	< 10	< 10	0.000	
Black or African American Native Hawaiian, or Pacific Islander Hispanic or Latino Any Race White non-Hispanic		40 (0.16) 0 (0.00) 39 (0.16) 153 (0.62)	1,638 (0.17) 24 (0.00) 1,251 (0.13) 5,807 (0.62)	0.034 0.072 0.069 0	40 (0.16) 0 (0.00) 39 (0.16) 153 (0.62)	40.0 (0.16) < 10 39.0 (0.16) 153.1 (0.62)	0.000 0.009 0.000 0.000	
Number of office visits	before infection, mea	ın (SD)						
0-6 mo 6-12 mo		6.28 (9.56) 5.19 (7.95)	7.87 (9.89) 7.34 (9.17)	0.163 0.251	6.28 (9.54) 5.19 (7.94)	7.38 (10.94) 6.38 (8.52)	0.107 0.144	
Body Mass Index (BMI)	BMI, mean (SD) 18.5 to 24.9 25.0 to 29.9 >=30.0 Missing	35.91 (9.30) < 10 < 29 94 (0.38) 117 (0.47)	29.64 (8.26) 1,651 (0.18) 1,849 (0.20) 2,907 (0.31) 2,654 (0.28)	0.712 0.483 0.233 0.148 0.399	35.91 (9.27) < 10 < 29 94 (0.38) 117 (0.47)	35.90 (11.05) 14.1 (0.06) 28.5 (0.12) 87.5 (0.35) 117.0 (0.47)	0.000 0.120 0.007 0.055 0.000	

<sup>\*</sup>Standardized mean difference

Potential confounders: well-balanced after weighting



Limitation: did not balance on vaccination

## **Baseline Characteristics**

1 to 3

3 to 5

		Before Weighting			After Weighting		
		Metformin	Control	SMD	Metformin	Control	SMD
COVID Variant Epo	och (not used for w	eighting)					
Ancestral		21 (0.08)	391 (0.04)	0.178	21 (0.08)	20.9 (0.08)	0.001
Alpha		70 (0.28)	1,651 (0.18)	0.256	70 (0.28)	48.7 (0.20)	0.203
Delta		34 (0.14)	1,691 (0.18)	0.117	34 (0.14)	48.9 (0.20)	0.162
Omicron		123 (0.50)	5,664 (0.60)	0.214	123 (0.50)	129.4 (0.52)	0.051
Days from infection	n to treatment (not	used for weigh	nting; >5 days n	ot shown)			
Control	0	< 10	5,751 (0.61)	1.557	< 10	126.7 (0.51)	1.257
	1 to 3	< 10	2,165 (0.23)	0.613	< 10	66.9 (0.27)	0.703
	3 to 5	< 10	1,018 (0.11)	0.438	< 10	34.8 (0.14)	0.521
Metformin	0	94 (0.38)	0 (0.00)	1.105	94 (0.38)	0.0 (0.00)	1.105

0 (0.00)

< 10

1.021

0.647

85 (0.34)

43 (0.17)

0.0 (0.00)

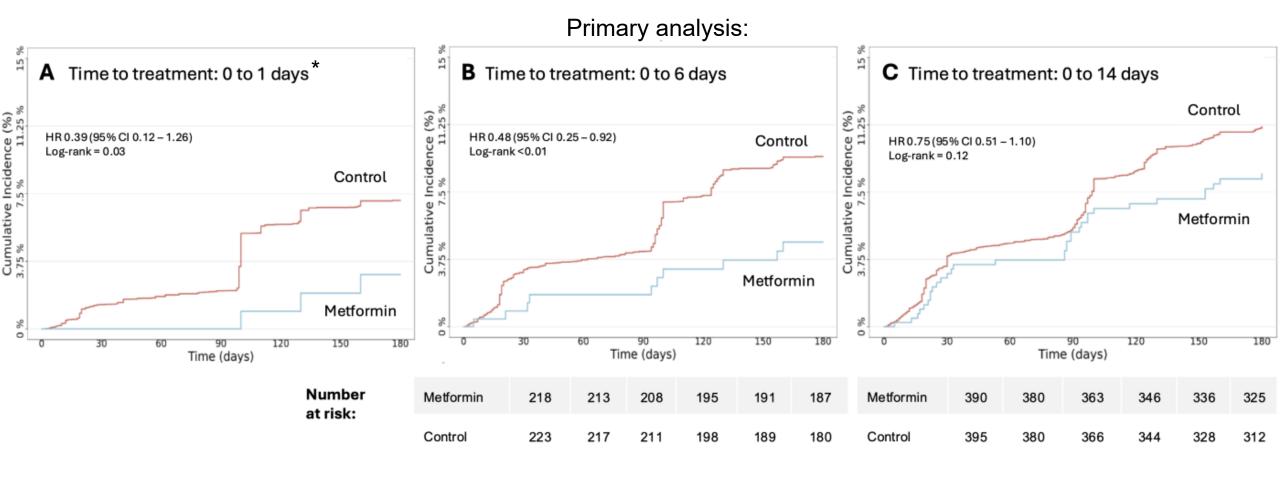
< 10

1.021

0.625

85 (0.34)

## Results



<sup>\*</sup>Number at risk omitted due to small numbers and data use agreements

## Results

Consistent across

a priori subgroups

and sensitivity analyses

Time to Treatment (days)	Metformin	Control		Risk Ratio (95% CI)
Primary analytic sample		Metforr	min Better   Cont	trol Better
0 to 1	<10 ( < 2.5%)	<10 ( <6.3%)		0.39 (0.12-1.24)
0 to 6	10/248 ( 4.0%)	21/248 ( 8.5%)		0.47 (0.25-0.89)
0 to 14	33/438 ( 7.5%)	44/438 (10.0%)		0.75 (0.52-1.08)
Subgroup by variant Epoch				
Omicron Era				
0 to 6	<10 ( 3.3%)	<10 ( 7.1%)	-	0.46 (0.14-1.50)
0 to 14	<10 ( 4.5%)	13/200 ( 6.4%)		0.71 (0.32-1.54)
Pre-Omicron Eras				
0 to 6	<10 ( 4.8%)	15/125 (11.8%)	<b></b>	0.41 (0.18-0.92)
0 to 14	24/238 (10.1%)	32/239 (13.4%)		0.75 (0.50-1.14)
Excluding those with new use of nin	matrelvir-ritonavir			
0 to 6	10/241 ( 4.1%)	21/241 ( 8.7%)		0.48 (0.25-0.90)
0 to 14	33/425 ( 7.8%)	44/425 (10.3%)	<b></b>	0.75 (0.52-1.08)
Sensitivity analyses by controls				
Excluding Fluvoxamine				
0 to 6	10/248 ( 4.0%)	21/248 ( 8.5%)		0.47 (0.25-0.89)
0 to 14	33/438 ( 7.5%)	44/438 (10.1%)	-	0.75 (0.52-1.08)
Excluding Ivermectin				
0 to 6	10/248 ( 4.0%)	21/248 ( 8.5%)	<b></b>	0.48 (0.25-0.90)
0 to 14	33/438 ( 7.5%)	43/438 ( 9.8%)	<del></del>	0.77 (0.53-1.11)
<b>Excluding Control Indications</b>				
0 to 1	<10 ( 2.9%)	<10 ( 6.5%)	-	0.46 (0.14-1.53)
0 to 6	<10 ( 4.8%)	16/187 ( 8.7%)	-	0.56 (0.28-1.11)
0 to 14	29/344 ( 8.4%)	33/344 ( 9.5%)		0.89 (0.59-1.33)
Unadjusted analyses				
0 to 1	<10 ( 2.4%)	302/6732 ( 4.5%)	-	0.53 (0.14-1.36)
0 to 6	10/248 ( 4.0%)	664/9412 ( 7.1%)		0.57 (0.29-0.99)
0 to 14	33/438 ( 7.5%)	1070/12368 ( 8.7%)		0.87 (0.61–1.19)
		C	0.5 1 1.5	2

## Cumulative incidence of the outcome components

	Days 0 - 1		Days 0 - 6			Days 0 - 14			
	Overall (n= 6,858)	Metformin	Control	Overall (n= 9,660)	Metformin (n=248)	Control (n=9,412)	Overall (n=12,806)	Metformin (n=438)	Control (n=12,368)
Unweighted frequencies	Unweighted frequencies								
Long Covid/Death	305 (4.4%)	< 2.5%	< 4.6%	674 (7.0%)	10 (4.0%)	664 (7.1%)	1103 (8.6%)	33 (7.5%)	1070 (8.7%)
Death	61 (0.9%)	0	<1%	160 (1.7%)	< 1.7%	< 1.8%	245 (1.9%)	12 (2.7%)	233 (1.9%)
LC (U09.9 + Computable phenotype)	251 (3.7%)	< 2.5%	< 3.8%	529 (5.5%)	< 2.9%	< 5.6%	883 (6.9%)	22 (5%)	861 (7%)
Weighted frequencies									
Long Covid/Death	4.3%	< 2.5%	< 6.3%	6.3%	4%	8.5%	8.8%	7.5%	10%
Death	0.8%	0	1.6%	2.2%	< 1.7%	< 2.8%	2.7%	2.7%	2.6%
LC (U09.9 + Computable phenotype)	3.5%	< 2.5%	< 4.7%	4.4%	< 2.9%	< 6%	6.3%	5%	7.5%

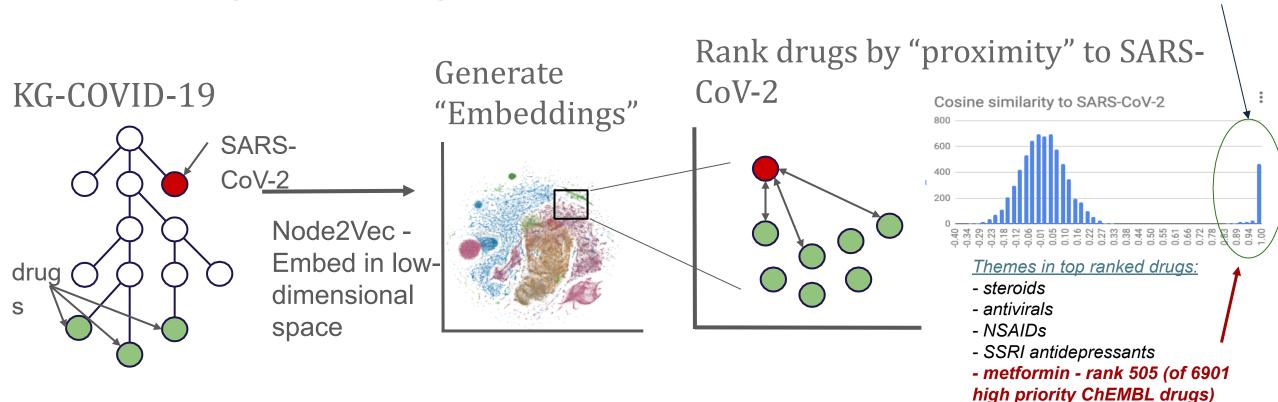
Abbreviations: LC=Long Covid

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  - Observational
  - In vitro, In vivo

## Other modeling predicted metformin

Using graph machine learning on KG-COVID-19 to prioritize drug repurposing candidates



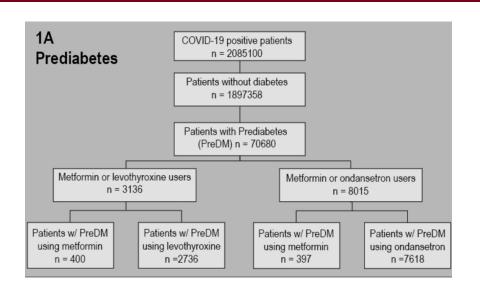
How does metformin rank? *Very high* 

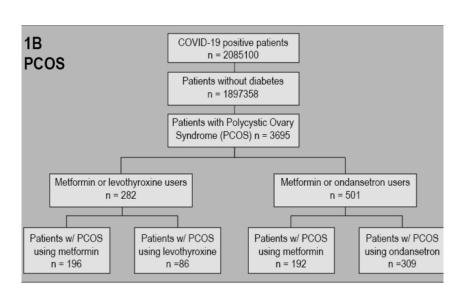


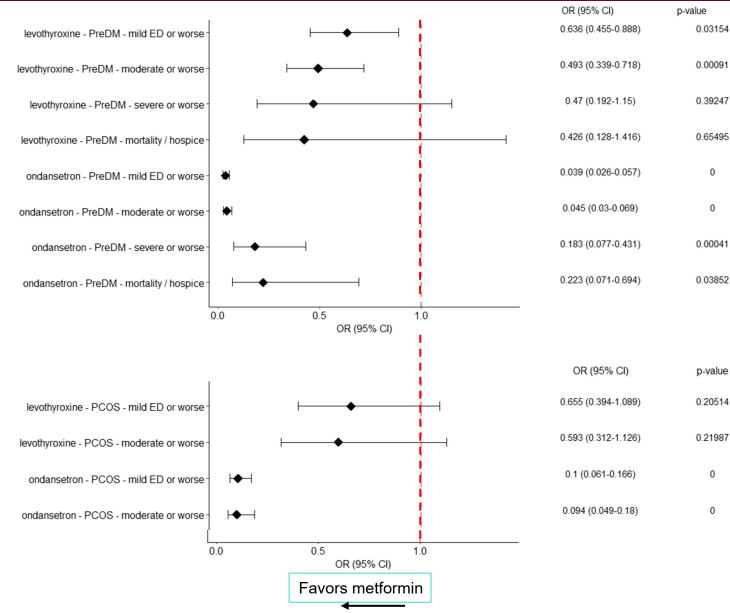
Close to SARS-CoV-2 == Good

drug candidates

## Observational data: associated with less severe acute Covid





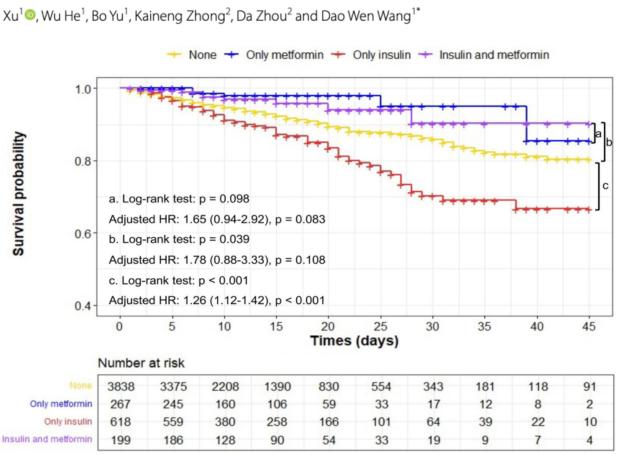


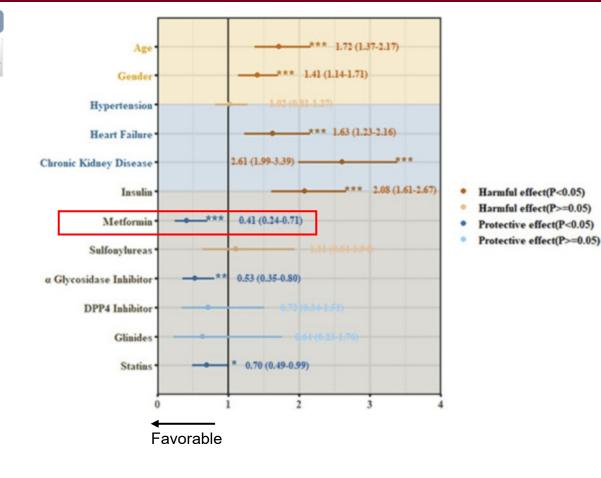
## Observational data: associated with less severe acute Covid

#### **Open Access** RESEARCH

Effects of different treatments for type 2 diabetes mellitus on mortality of coronavirus disease from 2019 to 2021 in China: a multiinstitutional retrospective study

Ke Xu<sup>1</sup>, Wu He<sup>1</sup>, Bo Yu<sup>1</sup>, Kaineng Zhong<sup>2</sup>, Da Zhou<sup>2</sup> and Dao Wen Wang<sup>1\*</sup>





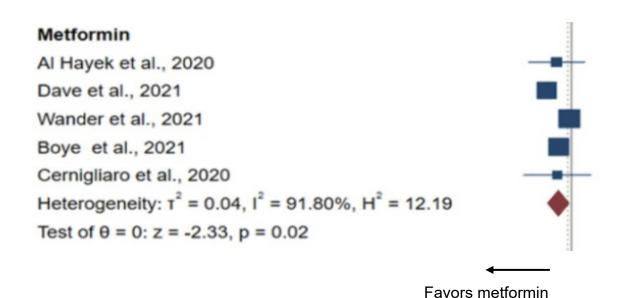
## Observational data: associated with less severe acute Covid

Home > Therapeutic Innovation & Regulatory Science > Article

# The Effect of Antihyperglycemic Medications on COVID-19: A Meta-analysis and Systematic Review from Observational Studies

Original Research | Published: 29 April 2024

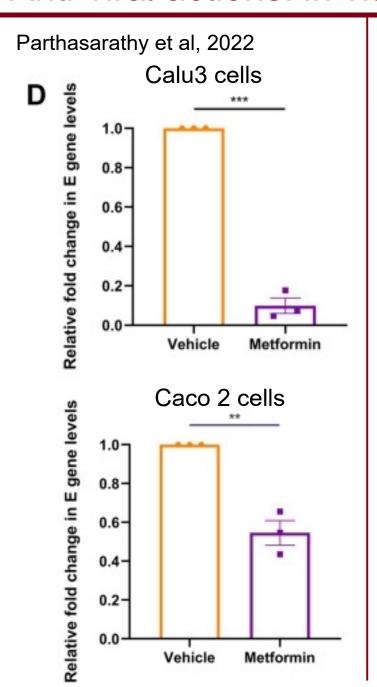
Volume 58, pages 773-787, (2024) Cite this article

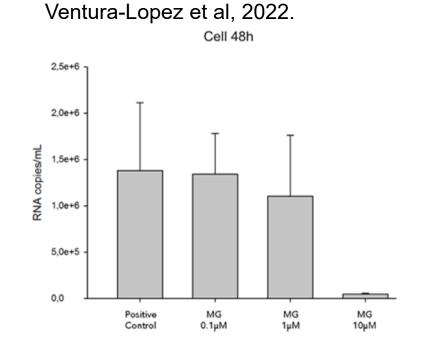


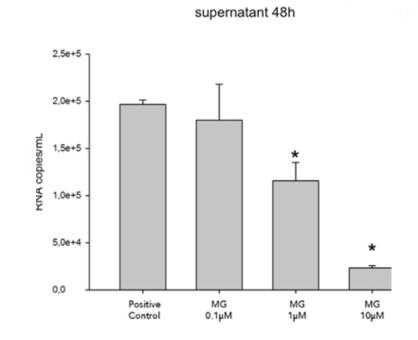
0.75 [ 0.44, 1.28] 1.72 0.62 [ 0.55, 0.70] 7.29 0.96 [ 0.92, 1.01] 8.76 0.78 [ 0.71, 0.86] 7.96 0.76 [ 0.40, 1.45] 1.27 0.77 [ 0.62, 0.96]

Forest plot of the relationship between antihyperglycemic medications and hospitalization risk. a Forest plot of the relationship between non-insulin antihyperglycemic medications and hospitalization risk: proof by contradiction. b Forest plot of the relationship between insulin and hospitalization risk: subgroups with region.

#### Anti-viral actions: in vitro studies and in vivo studies







Nasal swabs	Metformin Placebo		Р	OR	
Nasai swabs	n = 10	n = 10	P	(95 %CI)	
Negative viral load (days)	3.3 ± 2.16	5.6 ± 0.89	0.029		
Negative viral load < 3.3 days (n, %)	4.0 (40.0)	0.0 (0.0)	0.042	6.67	
Negative viral load > 4.0 days (n, %)	6.0 (60.0)	10.0 (100.0)	0.043	(0.60–74.0)	

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- Summary

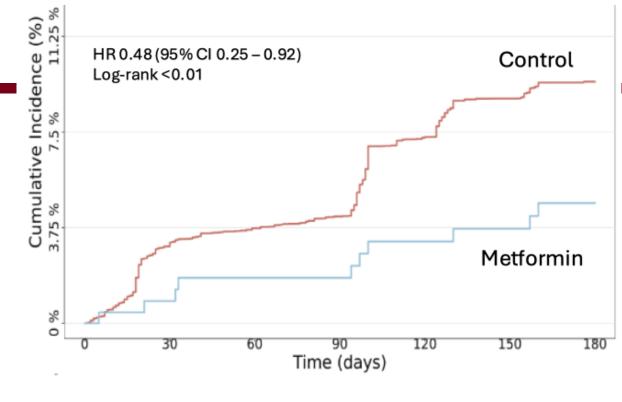
## Summary

#### **Target Trial Emulation:**

Metformin within a week of SARS-CoV-2 infection was associated with a 53% lower risk of LC or death over 6 months

#### These results are Consistent with other data

With emerging observational analyses of clinical outcomes With emerging data on anti-viral actions



## Summary

#### **Target Trial Emulation:**

Metformin within a week of SARS-CoV-2 infection was associated with a 53% lower risk of LC or death over 6 months

#### These results are Consistent with other data

With emerging observational analyses of clinical outcomes

0.10

0.09

0.08

0.07

0.06

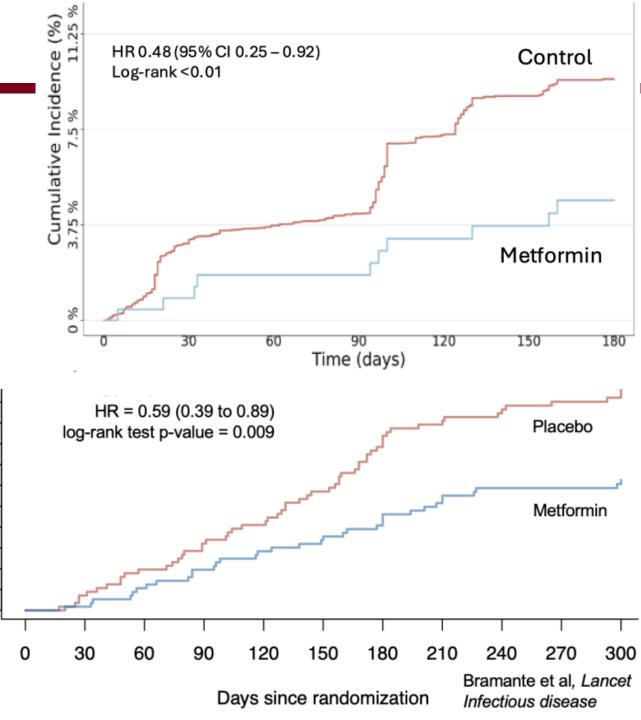
0.05

0.04 0.03 0.02 0.01 0.00

Cumulative incidence

With emerging data on anti-viral actions

With a randomized trial of >1,000 adults, > 50% vaccinated, enrolled during omicron (COVID-OUT Trial)



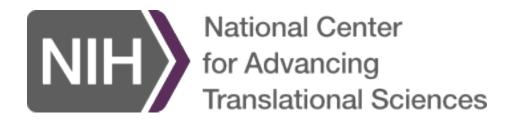
## Thank you

#### Thank you to Collaborators:

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- 5. Division of Biostatistics, University of Virginia School of Data Science
- 6. Vanderbilt Institute for Medicine and Public Health, Nashville, TN
- 7. National Center for Advancing Translational Science (NCATS)
- 8. Institute for Health Informatics, University of Minnesota, Minneapolis, MN
- 9. Scripps Research Translational Institute, La Jolla, CA
- 10. NCATS contractor Axle Informatics





#### Questions

## Extra Slides

## Rapid dose escalation is tolerated

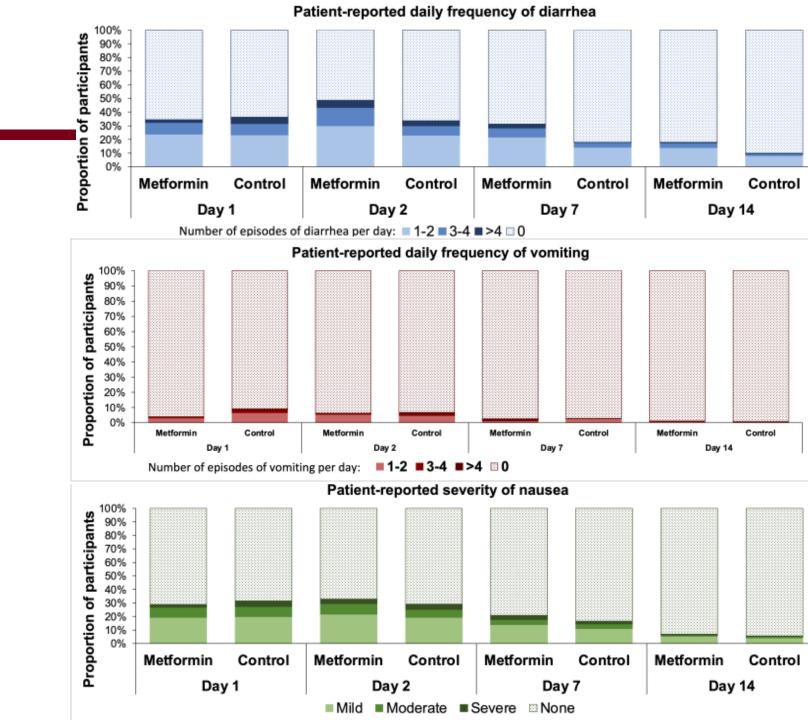
#### 1,500mg over 6 days

#### **PROMIS GI Diarrhea**

- 3.92 points greater than placebo (p<0.001)</li>
- a difference >= 5 points is clinically meaningful

#### Side effects were minimal in trial:

- -0.45 episodes/day of diarrhea more than placebo
- -0.9 episodes/day total



Bramante et al, NEJM 2022 Avula et al, in preparation

## Why metformin? Safe well-tolerated, widely available, \$1

#### Metformin: no longer stopped at all admissions or perioperatively.

Chang LL, Umpierrez GE, Inzucchi SE. Management of Hyperglycemia in Hospitalized, Non-Critically III Adults. Case Reports. *The New England journal of medicine*. Sep 15 2022;387(11):1040-1042.

#### Fewer cases of lactic acidosis, in persons on metformin.

Inzucchi SE, Lipska KJ, Mayo H, Bailey CJ, McGuire DK. Metformin in patients with type 2 diabetes and kidney disease: a systematic review. ^. Dec 24-31 2014;312(24):2668-75. doi:10.1001/jama.2014.15298

Salpeter SR, Greyber E, Pasternak GA, Salpeter EE. Risk of fatal and nonfatal lactic acidosis with metformin use in type 2 diabetes mellitus. Systematic Review. ^. Apr 14 2010;2010(4):CD002967.

Zhang X, Harmsen WS, Mettler TA, et al. Continuation of metformin use after a diagnosis of cirrhosis significantly improves survival of patients with diabetes. *Hepatology*. 2014/12/01 2014;60(6):2008-2016. doi:https://doi.org/10.1002/hep.27199

Clegg LE, Jing Y, Penland RC, et al. Cardiovascular and renal safety of metformin in patients with diabetes and moderate or severe chronic kidney disease: Observations from the EXSCEL and SAVOR-TIMI 53 cardiovascular outcomes trials. *Diabetes, obesity & metabolism*. May 2021;23(5):1101-1110. doi:10.1111/dom.14313

#### Metformin safe in pregnancy, lactation, children

Participants could not distinguish metformin from placebo; no higher rates of GI side effects on metformin.

Orloff, JN, Touhamy, SH, Truong, W, et al. Trial of restarting and tolerating metformin (TreatMet). Diabetes Obes Metab. 2020; 22: 2189–2192.

## **COVID-OUT** target trial

Outcome	Metformin [n/N (%)]	Placebo [n/N (%)]	Hazard/Odds Ratio for Outcome (95%	6 CI)
1) PMC9945922: Acute Outcomes (Day 14 and 28)			!	
1x SpO2<94% / ED / Hosp / Death	154/652 (23.62%)	179/653 (27.41%)		0.84 (0.66;1.09)
ED / Hosp / Death	27/652 ( 4.14%)	48/655 ( 7.33%)	<b></b>	0.58 (0.35;0.94)
Hosp / Death	8/652 ( 1.23%)	18/655 ( 2.75%)		0.47 (0.20;1.11)
A priori subgroups for ED / Hosp / Death by Day 14 (Figure S2A of PMC9945922	2)			
Started study drug in <4 days of symptom onset	11/290 ( 3.79%)	26/299 ( 8.70%)	<b></b>	0.45 (0.22;0.93)
Vaccinated (>= primary series by enrollment)	5/358 ( 1.40%)	14/330 ( 4.24%)		0.31 (0.11;0.88)
Enrolled during Omicron	1/140 ( 0.71%)	7/148 ( 4.73%)	-	0.16 (0.02;1.32)
Pregnant individuals	0/22 ( 0.00%)	3/23 (13.04%)		0.00 (0.00; Inf)
Disease progression by Day 28 (Figure S8 of PMC9945922)				
ED / Hosp / Death	28/596 ( 4.70%)	54/601 ( 8.99%)		0.52 (0.34;0.81)
Hospitalization / Death	8/596 ( 1.34%)	19/601 ( 3.16%)	<b>-</b>	0.42 (0.19;0.96)
2) PMC11259948: Day 300 outcomes				
Long Covid, HR	35/564 ( 6.21%)	58/562 (10.32%)		0.59 (0.39;0.89)
A priori subgroups for Long Covid by Day 300 (Figures 2 and 3 of PMC11259948	3)			
Started study drug in <4 days of symptom onset	6/130 ( 4.62%)	17/144 (11.81%)		0.37 (0.15;0.95)
Enrolled during Omicron	7/131 ( 5.34%)	15/132 (11.36%)		0.45 (0.18;1.11)
Vaccinated (at least primary series by enrollment)	20/326 ( 6.13%)	21/293 ( 7.17%)		0.85 (0.46;1.57)
Vaccinated within 6 months of enrollment (post-hoc)*	9/138 ( 6.52%)	12/128 ( 9.38%)		0.69 (0.29;1.64)
3) PMID 38690892: Viral Load Outcomes (Figure 1)				
Rebound of viral load, OR**	12/366 ( 3.28%)	22/370 ( 5.95%)		0.68 (0.36;1.29)
Odds of detectable viral load on Day 10**	55/385 (14.29%)	88/390 (22.56%)		0.65 (0.43;0.98)
Viral load Results without Imputation (Figure S3 of PMID 38690892)				
Rebound of viral load, OR**	22/370 ( 5.95%)	12/366 ( 3.28%)		0.44 (0.20;0.94)
Odds of detectable viral load on Day 10**	55/385 (14.29%)	88/390 (22.56%)		0.39 (0.25;0.62)
Subgroups and sensitivity analyses in all three outcome papers showed point estim	nates that were all in t	the same	0 0.5 1 1.5	2
direction of effect. Subgroups of interested (stage of pandemic, timing of starting n			Metformin Better Placebo Better	<b>&gt;</b>

<sup>\*</sup>Those vaccinated >6 months prior to baseline acted like unvaccinated in baseline viral load analyses we had done. We did not explore boosted or vaccinated after the trial started, which may matter for Long Covid.

each paper and presented here.

<sup>\*\*</sup>We imputed missing data (per the SAP), the viral load was an optional part of study. The complete case OR was smaller.